AMENDMENTS TO THE CLAIMS:

1-13. (Canceled)

- 14. (New) A cup comprising:
- a cup portion;

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a lid sealingly engaged with said cup portion, said lid having a spout protruding therefrom and an opening formed in said spout;

a detachable member inserted in said spout, said detachable member having a plurality of ridges formed thereon, said ridges being formed in a continuous helical pattern, said plurality of ridges being sized to sealingly contact an inner surface of said spout thereby forming a helical passage between said spout and said detachable member, said passage having a first end in communication with an interior of said cup portion, and a second end in communication with said opening of said spout, wherein:

said cup portion has an amount of liquid therein, said cup portion further has an amount of air defined by a volume of air that remains in said cup portion when said cup portion is inverted, and wherein said passage is sized to have a volume that exceeds the product of the volume of air in the cup portion and a height of the liquid in the cup portion and lid measured by a linear distance between the opening of the spout and a surface of the liquid when the cup is inverted.

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16.

- (New) A cup, as claimed in Claim 14, wherein: 15. said detachable member is in the form of a plug.
- (New) A cup, as claimed in Claim 14, wherein: said detachable member is made from a resiliently compressible material to include an elastomer.
- (New) A cup, as claimed in Claim 14, wherein: 17. said spout of said lid is located eccentrically thereon so as to be convenient for drinking from.
- 18. (New) A cup, as claimed in Claim 14, wherein: said spout is in the shape of a truncated cone, and said detachable member has a shape matching an inside cavity of said spout.
 - (New) A cup, as claimed in Claim 14, wherein: 19.

a diameter of said passage is such that air is prevented from entering past liquid in said cup and wherein said diameter has a maximum size of approximately 3mm.